



Mnemonics

The dictionary defines Mnemonics as a device, such as a formula or rhyme, used as an aid in remembering.

Mnemonics are extremely useful in remembering hierarchal materials or for tests that require that the study remember definitions or descriptions of a term. Here are a few examples from <http://www.coun.uvic.ca/learn/program/hndouts/studygr.html>

Anatomy: To remember the cranial nerves:

"On Old Olympus' Towering Tops A Fat Angelic Girl Viewed Spanish Hops."

(Olfactory, Optic, Oculomotor, Trochlear, Trigeminal, Abducent, Facial, Auditory, Glossopharyngeal, Vagar, Spinal Accessory, Hypoglossal)

Astronomy: To remember the order of the planets from the sun:

"Mary Very Easily Makes Jam Saturday Unless No Plums."

(Mercury, Venus, Earth, Mars, Jupiter, Saturn, Uranus, Neptune, Pluto)

Biology: To remember the classification of living things

"Kings Play Cards On Fairly Good Soft Velvet."

(Kingdom, Phylum, Class, Order, Family, Genus, Species, Variety) Nerves: *For the order of nerves that pass through the superior orbital tissue in the skull:*

"Lazy French Tarts Lie Naked in Anticipation."

(Lacrinal, Frontal, Trochlear, Lateral, Nosociliary, Internal, Abduceir)

Amino Acids: For the ten essential amino acids:

"These Ten Valuable Amino Acids Have Long Preserved Life In Man."

(Threonine, Tryptophan, Valine, Arginine, Histidine, Lysine, Phenylalanine, Leucine, Isoleucine, Methionine)